

Criteria Defining Digital Health Interventions (DHIs).

Following others ([Goldsack, et al.](#) and [Silberman, J., et al.](#)) we define digital health interventions as patient-facing products that meet the three criteria shown. DHIs are often implemented using smartphone apps, web platforms, consumer-grade wearables, and other digital technologies.

Criterion		
1. The product falls into one of the three classes of digital health technologies that were defined in a collaboration of stakeholders representing digital health trade organizations.	Product Class	Product Class Definition
	Digital Health	Digital health includes technologies, platforms, and systems that engage consumers for lifestyle, wellness, and health-related purposes; capture, store or transmit health data; and/or support life science and clinical operations.
	Digital Medicine	Digital medicine includes evidence-based software and/or hardware products that measure and/or intervene in the service of human health.
	Digital Therapeutics	Digital therapeutic (DTx) products deliver evidence-based therapeutic intervention to prevent, manage, or treat a medical disorder or disease.
2. The product is designed to change one or more health behaviors.		
3. The value of the product to the evaluator is contingent on the degree to which it improves one or more health outcomes. These can include clinical outcomes (eg, incidence of diabetic retinopathy) or surrogate outcomes (eg, HbA1C).		