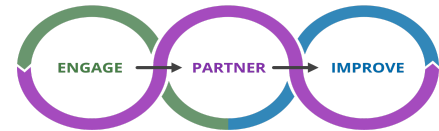


The Well Visit Planner: Improving provider and family experiences



About CAHMI

The [Child and Adolescent Health Measurement Initiative](#) (CAHMI) is dedicated to empowering families by creating tools and resources that support child and adolescent health. CAHMI's approach emphasizes family-centered data measurement and research, aimed at enhancing health care and public health services provided to children and their families.



The opportunity

Well-child visits are a cornerstone of pediatric healthcare. Though underutilized, they offer critical moments to monitor and support a child's developmental, emotional, and physical health.

CAHMI moved to improve well-child visits by developing [Well Visit Planner](#). This digital tool facilitates thorough developmental and social issue screenings during visits. Its objectives are threefold:

1. Identify both positive and negative child experiences to support resiliency and promote flourishing in childhood.
2. Leverage the time between well-child visits to enhance the efficiency and effectiveness of appointments.
3. Encourage early detection and intervention in developmental and socio-emotional challenges to benefit clinicians and families.



The approach

To overcome these challenges, CAHMI designed a multifaceted solution:

- The Well Visit Planner utilizes the time before appointments to collect valuable screening information, allowing for a more focused and efficient well-child



The challenge

While the Well Visit Planner has proven its potential, scaling the tool to reach more children and families has revealed significant barriers:

- Integration with major Electronic Health Records (EHRs) has proven challenging, restricting its accessibility in clinical settings.
- The lack of a specific Current Procedural Terminology (CPT) code for digital health tools has hindered the ability to monetize and scale the service.

visit.

- A concise two-page summary is provided to the clinician, which outlines the developmental and socio-emotional screening results, along with parental concerns, strengths, and questions, which can be used even without EHR integration.
- Families are given a tailored, well-visit guide summarizing their questions and concerns, which they can bring to the visit, fostering better communication and partnership between families and healthcare providers. Creating immediate value for families helps build grassroots demand for the tool, increasing the likelihood of broader adoption despite lacking a CPT code.
- The tool also facilitates an evaluation of the well-child visit, both at the individual clinician level and at the population level, to enhance the quality and consistency of care. This helps build a case for payor support, which can eventually drive the creation of new CPT codes.



The success

The Well Visit Planner has demonstrated measurable success across various healthcare settings, including [Federally Qualified Health Center](#) (FQHCs) and academic medical centers. Key achievements include:

- ✓ Validated through a randomized clinical trial, the Well Visit Planner has been shown to significantly enhance the experience of both families and healthcare providers.
- ✓ The tool is available in both English and Spanish, ensuring broader reach and impact.
- ✓ The Well Visit Planner has been nationally recognized and recommended by several leading organizations, including [Maternal and Child Health Bureau Early Childhood Developmental Health Systems](#), [Department of Education Part C Early Intervention Program](#), and the [Health resources & Services Administration's \(HRSA's\) Bureau of Primary Care](#).

“The Well Visit Planner's approach to streamlining the well-child visit by utilizing time before the appointment and improving communication between families and providers has proven to be a valuable tool in enhancing child healthcare.”

— **David Bergman**

*Professor Emeritus,
Pediatrics, Stanford
University School of
Medicine*