Demonstrating IMPACT in Action With



THE CHALLENGE

"Not being able to bring patients into our traditional care environment because of COVID-19 presented a real challenge, but our team found innovative ways to deliver the same experience virtually, with the goal of continuing to deliver what our patients need in a valuable, yet safe way."

Dr. Karl Koenig, Medical
Director and Orthopedic Surgeon,
Musculoskeletal Institute, UT
Health Austin

THE SOLUTION

- The Musculoskeletal Institute at UT Health Austin, the clinical practice of the Dell Medical School at The University of Texas, diagnoses, treats, and manages musculoskeletal disorders in patients.
- The Institute uses a <u>360-degree care model</u>:
 - Patients are offered a telehealth appointment that is centered around a virtual waiting room and care room.
 - Prior to each appointment, the care team (including surgeons, sports medicine physicians, physician assistants, physical therapists, physiatrists, chiropractors, nurse practitioners, dietitians, and social workers) meets as a group to discuss each patient's case and possible treatment plans.

WHY IT MATTERS

- Patients who see multiple providers can benefit from one seamless encounter with the Musculoskeletal Institute care team.
- Bringing multidisciplinary care teams together under one care model through V1C enables better patient monitoring and engagement and care plan adjustment, resulting in better patient outcomes and reduced costs.

The IMPACT Resource to Use

Building a patient journey that bring skilled multidisciplinary care teams together can be done by **using the V1C**Care Transitions Toolkit, which provides best practices and tools for Virtual Chronic Care Co-Management.

