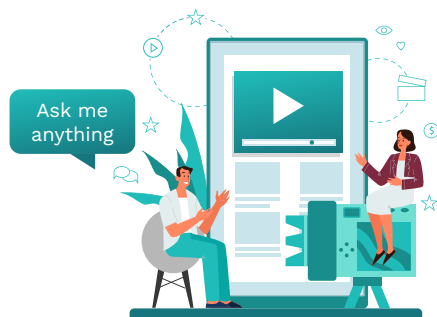


VIRTUAL JOURNAL CLUB



Advancing CNS care with digital measures of gait



Thursday

August 7, 2025

11:00 am ET



Melissa Ceruolo

*VP, Engineering and Biomarker
Analytics
Medidata*



Brett Meyer

*Senior Data Scientist, Patient
Experience
Medidata*



Reed D. Gurchiek

*Assistant Professor, Biomedical
Engineering
Clemson University*



Ryan McGinnis

*Director, Center for Remote Health
Monitoring & Associate Professor,
Biomedical Engineering
Wake Forest University School of
Medicine*



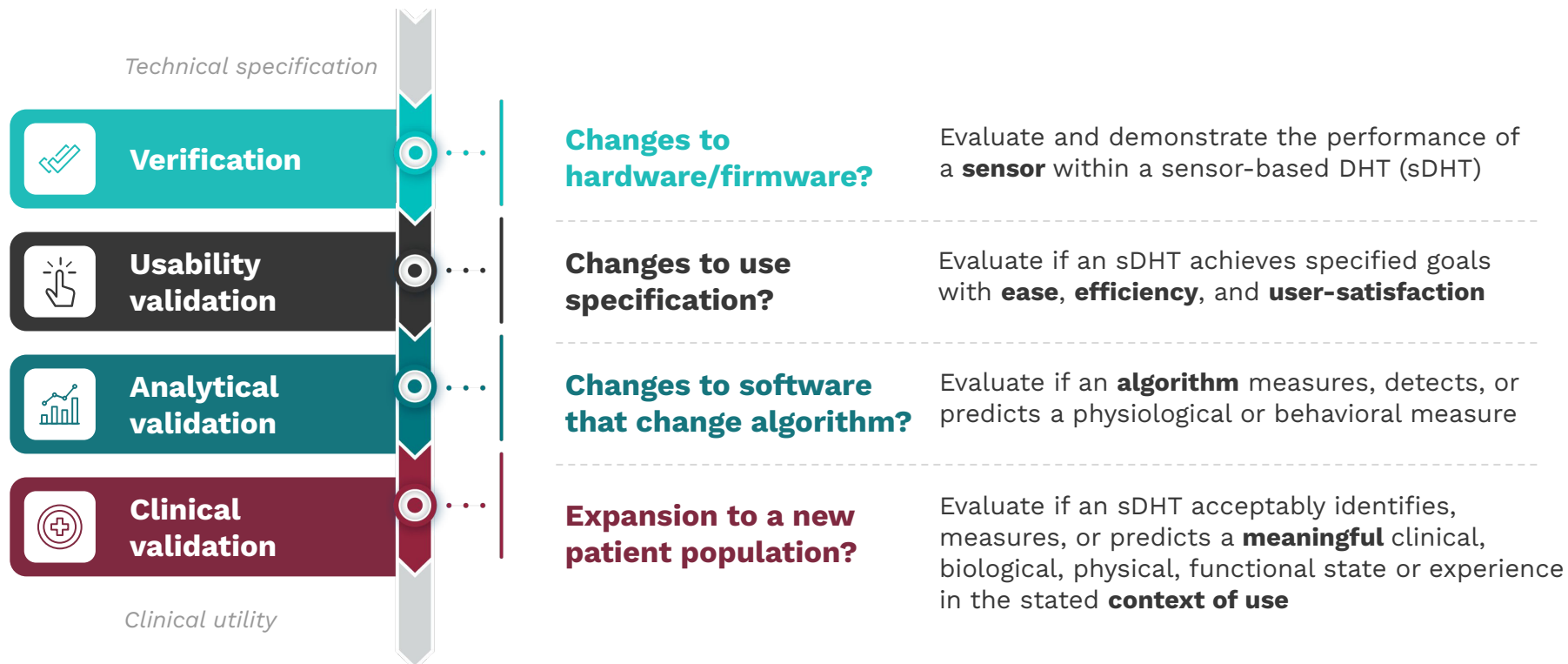
Benjamin Vandendriessche

*Chief Delivery Officer
Digital Medicine Society (DiMe)
Moderator*

But first, housekeeping

- Today's session is being recorded
- To ask a question for discussion during Q&A, please:
 - Either 'raise your hand' in the participant window and moderator will unmute you to ask your question live, or
 - Type your question into the chat box
- Slides and recording will be available after today's session on [DiMe's website](#).

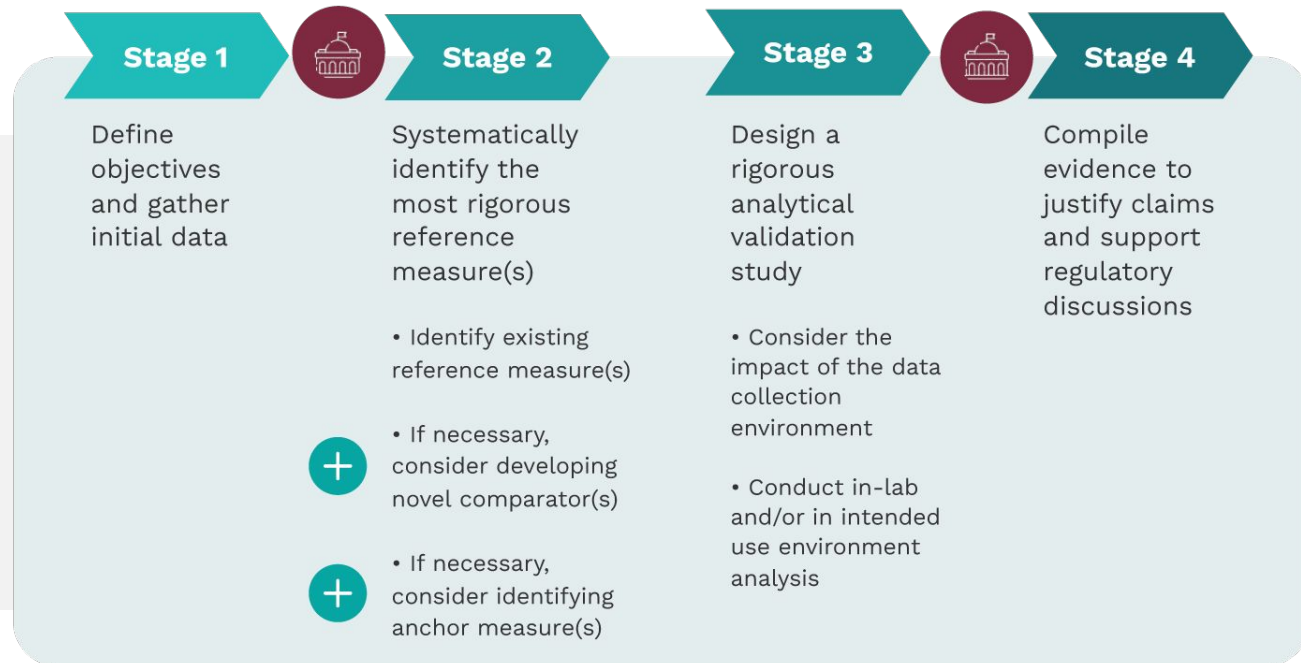
V3⁺ is a modular evaluation process





Validating Novel Digital Clinical Measures

An evidence-based framework for rigorous **analytical validation** and selection of **reference measures** for both existing and novel digital clinical measures



CORE MEASURES *of* PHYSICAL ACTIVITY



Digital Measures Development

A **core set** of digital clinical measures applicable to the broadest range of therapeutic areas, making it easier to pick the right measure of **physical activity**

Ontologies



Walking bout at specified bout durations



Step count



Walking speed



Time spent in MVPA



Measures of postural sway

Understanding the Central Nervous System (CNS) Burden

Global Impact on Patients



3 Billion

people affected
by neurological
diseases globally¹

Sponsor Burden in Alzheimer's



\$370M

Average phase III
AD trial cost²



7.9yrs

Average trial
duration
for AD DMT trials³



95%

Failure rate among
drug candidates for
AD⁴

Trials Still Lack Patient Centricity

~85%

of clinical trials fail to retain enough patients¹



30%

Average dropout rate across all clinical trials¹

>66%

of sites fail to recruit a single patient¹

50%

of sites enroll one or no patients in their studies¹

Innovation Through the Patient Lens

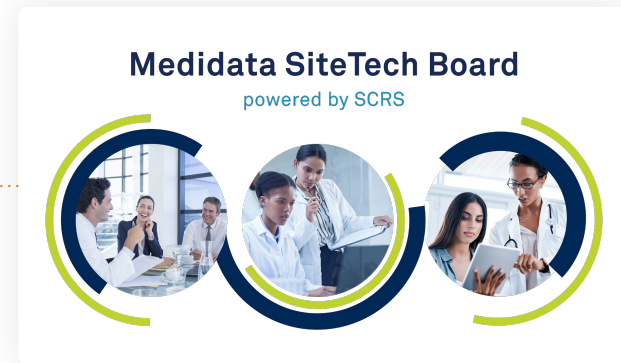
Weaving patient and site-centricity from product to the experience level



“Putting the patient first in an open and sustained engagement of the patient to respectfully and compassionately achieve the best experience and outcome for that person and their family.”



Technologies developed with patient and site needs at the forefront



“If it’s not site-friendly, it can’t be patient-friendly - because if it doesn’t work for the site, it won’t be implemented as envisioned for the patient.”

Chest-Based Wearables and Individualized Distributions for Assessing Postural Sway in Persons With Multiple Sclerosis

Brett M. Meyer^{ID}, *Student Member, IEEE*, Jenna G. Cohen, Nicole Donahue, Samantha R. Fox, Aisling O'Leary^{ID}, Anna J. Brown, Claire Leahy, Tyler VanDyk, Paolo DePetrillo, Melissa Ceruolo, Nick Cheney, Andrew J. Solomon^{ID}, and Ryan S. McGinnis^{ID}, *Senior Member, IEEE*

Analytical Validation

16 persons with multiple sclerosis (PwMS) performed a two-minute standing balance assessment on a force plate.

Chest located sensor offers similar relationships to force plate as previously used and validated sacrum sensor.

TABLE II
EYES OPEN POSTURAL SWAY FEATURE CORRELATION

Feature	Chest & FP		Sacrum & FP		Chest & Sacrum	
	r	p	r	p	r	p
Jerk	0.88	< 0.01	0.71	< 0.01	0.91	< 0.01
Dist	0.71	< 0.01	0.74	< 0.01	0.58	0.02
RMS	-	-	-	-	-	-
Path	-	-	-	-	-	-
Range	0.60	0.01	0.74	< 0.01	0.94	< 0.01
MV	-	-	-	-	-	-
MF	0.78	< 0.01	-	-	-	-
Area	-	-	-	-	-	-
Pwr	-	-	-	-	-	-
F50	-	-	-	-	-	-
F95	-	-	-	-	-	-
CF	<i>0.44</i>	<i>0.09</i>	0.59	0.02	<i>0.43</i>	<i>0.10</i>
FD	0.62	0.01	0.63	0.01	0.51	0.04
ApEn	-	-	-	-	0.53	0.03
LyExp	-	-	-	-	-	-

Significant correlations of postural sway features amongst sensors and force platform (FP) comparisons. Results approaching significance ($0.05 < p < 0.10$) are italicized.

Individualized Distributions

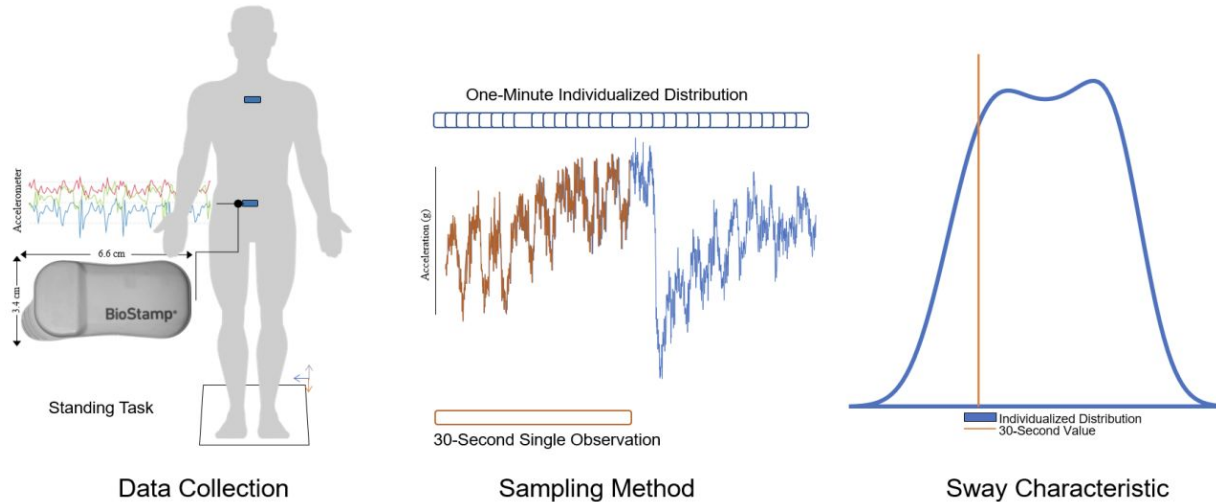


Fig. 1. Process overview of individualized distribution (ID) and a 30-second single observation (SO) methods. Data were collected using wearable sensors located on the chest and sacrum during various standing tasks. Features were computed using ID or SO method. The resulting feature displays the value of an example feature computed using the standard SO method on top of the distribution obtained from the ID method.

N = 39 PwMS

21:18 Faller:Non-Faller

12:27 Male:Female

51 ± 12 y/o

Two minute standing task

Clinical assessment: EDSS

PRO: ABC, MSWS-12, MFIS

Sway distributions increase strength of relationships to clinical outcomes

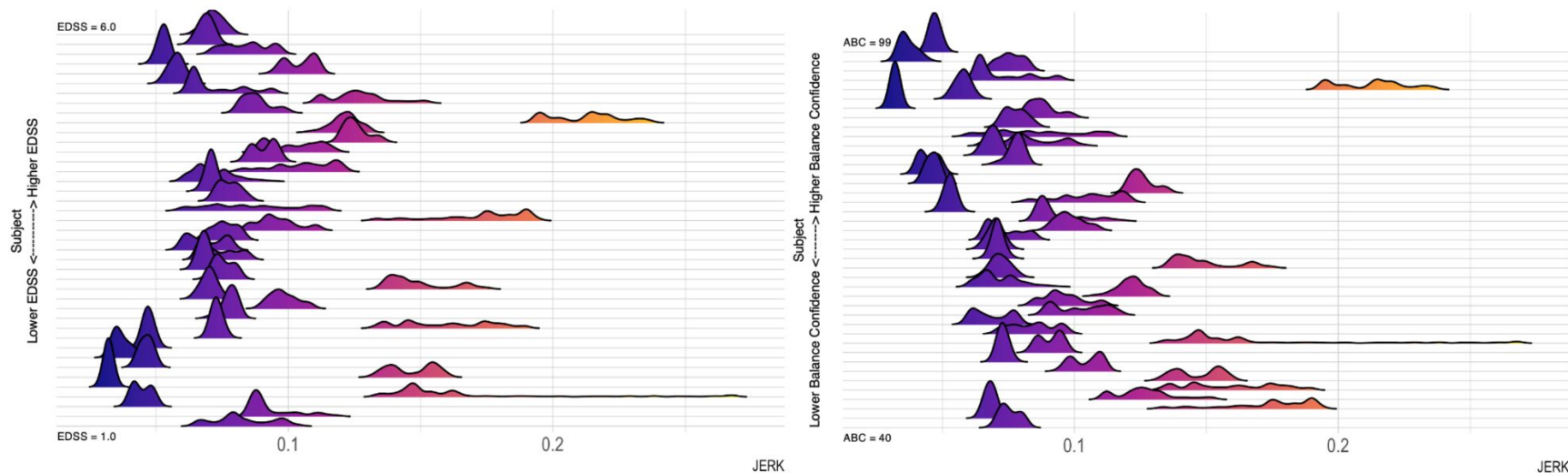
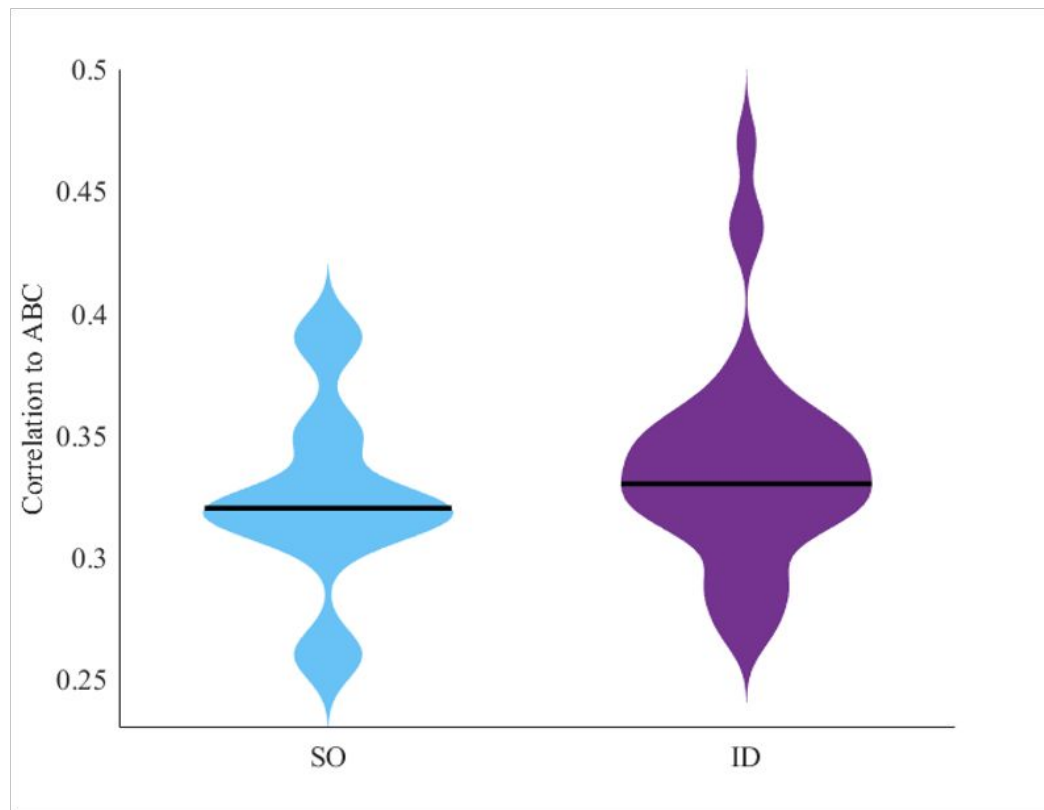


Fig. 5. Individualized distributions of Jerk found using the chest sensor data for the tandem standing task with subjects sorted in order of Expanded Disability Severity Score (EDSS) shown on the left and Activities Specific Balance Confidence Score (ABC) shown on the right. Higher EDSS and balance confidence subjects are at the top of the figures. The strongest correlations were 0.54 and 0.47 for EDSS and ABC with the 5th percentile.

Sway distributions increase strength of relations to PROs

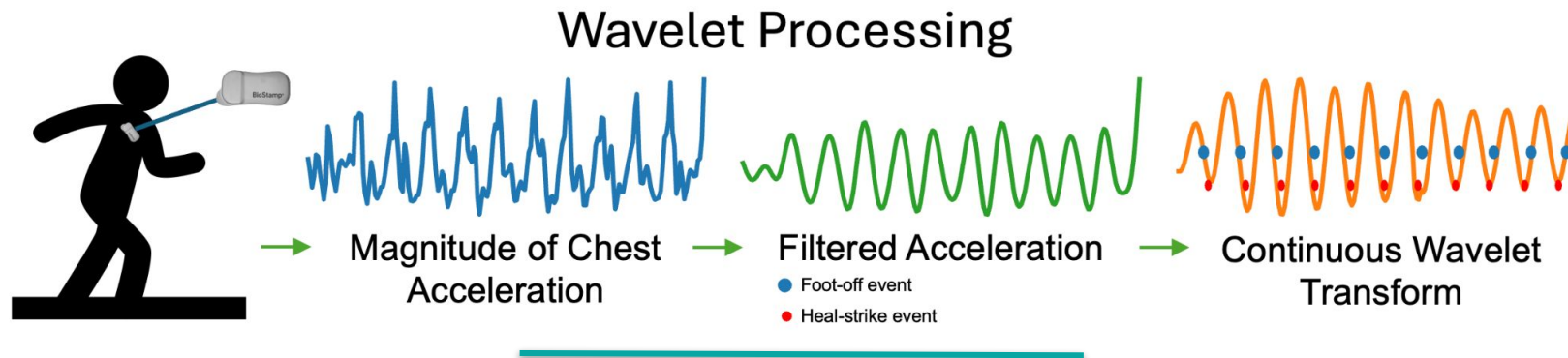


Accurate Gait Assessment and Reduced Patient Burden from a Chest-Mounted Accelerometer

Brett M. Meyer, *Member, IEEE* Reed D. Gurchiek, Ryan S. McGinnis, *Senior Member, IEEE* and
Melissa Ceruolo



IEEE EMBC 2025 - Proceedings not yet published online



N = 10 Healthy Older Adults

Participants wore multiple Biostamp Sensors (including chest)

Participants completed nine ~20foot walks

N = 4 Persons with Huntington's Disease

VICON Motion Capture used for ground truth

Filtering and wavelet analysis to find stride events

Ref: Soltani et al. Algorithms for Walking Speed Estimation Using a Lower-Back-Worn Inertial Sensor: A Cross-Validation on Speed Ranges. 2021

Methods

- Acceleration calibrated to standing trial
 - Auto-calibration developed and leveraged for use in practice.
- Magnitude heavily filtered using altered ‘peak enhancement technique’ [1]
- Inspection of initial wavelet transform revealed heel contact events occurred at zero-crossing and foot-off events occurred at signal valley.
- Optimization of wave and scale found with a grid search
- Right and Left stride segmented by medial-lateral acceleration

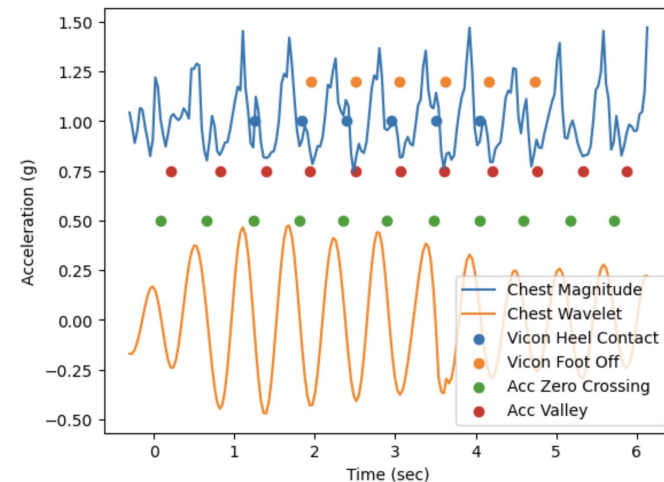
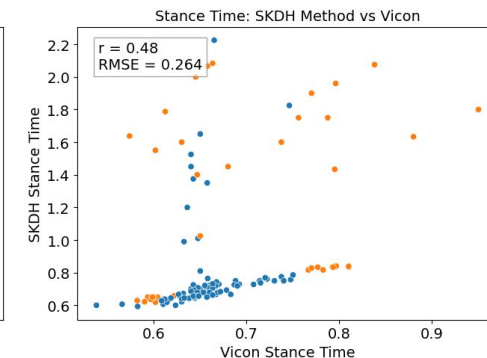
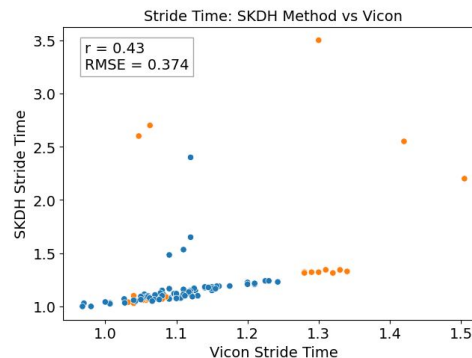
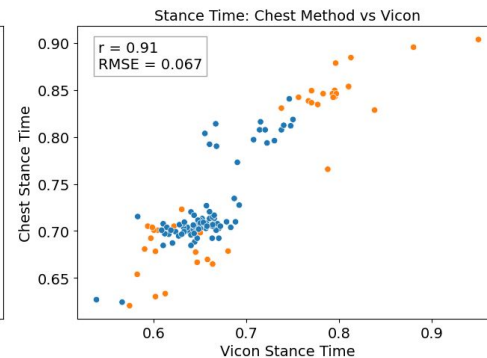
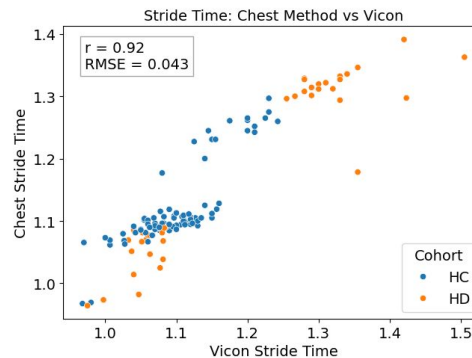


Figure 1. Walking trial with Vicon motion capture stride events (blue and orange dots) plotted over chest magnitude of acceleration (blue). Candidate heel contact (red) and foot off (green) events extracted from wavelet transformed signal

[1]: Soltani et al. *Algorithms for Walking Speed Estimation Using a Lower-Back-Worn Inertial Sensor: A Cross-Validation on Speed Ranges*. 2021

Analytical Validation and Comparison

- Stride event information identified from 126 walks using VICON Motion Capture.
- Computation of stride time, stance time, % stance phase, and double support time.
- Comparison to Chest-scikit digital health (SKDH) performed with optimal parameters.
- Our proposed method vastly outperforms SKDH when considering the full set of walks.



Stride Length

- Deep learning model utilizes pretraining and transfer learning to find adequate performance from chest sensor.
- Stride length estimation models from chest
 - Inverted Pendulum: error = 0.13 m
 - Deep learning model: error = 0.11 m
- DL model offers lower patient and site burden due to lack of patient specific measurements at the expense of additional computation.

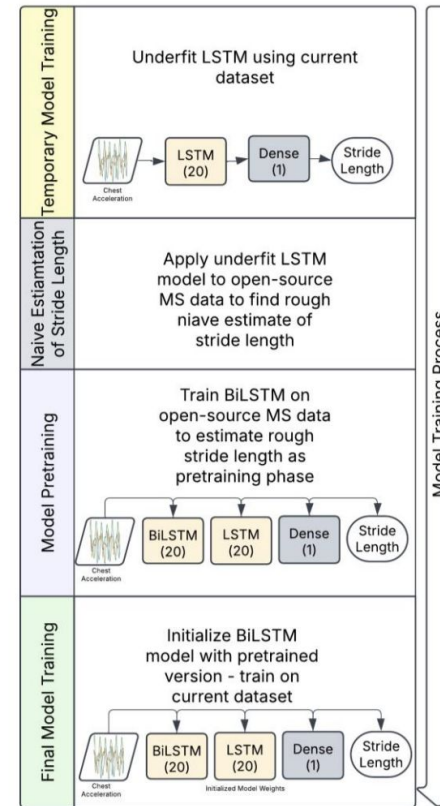


Figure 2. Training flow of deep learning stride length model. Temporary model trained on current healthy and Huntington cohort. Temporary model used to estimate stride length on unseen multiple sclerosis data (Naïve Estimation of Stride Length). Larger model pretrained on multiple sclerosis model. Final model initialized from the pretrained model and trained on current cohort.

Assessing Free-Living Postural Sway in Persons With Multiple Sclerosis

Brett M. Meyer^{ID}, *Graduate Student Member, IEEE*, Jenna G. Cohen, *Graduate Student Member, IEEE*, Paolo DePetrillo, Melissa Ceruolo, David Jangraw, Nick Cheney^{ID}, Andrew J. Solomon^{ID}, and Ryan S. McGinnis^{ID}, *Senior Member, IEEE*

Passive Sway Analysis

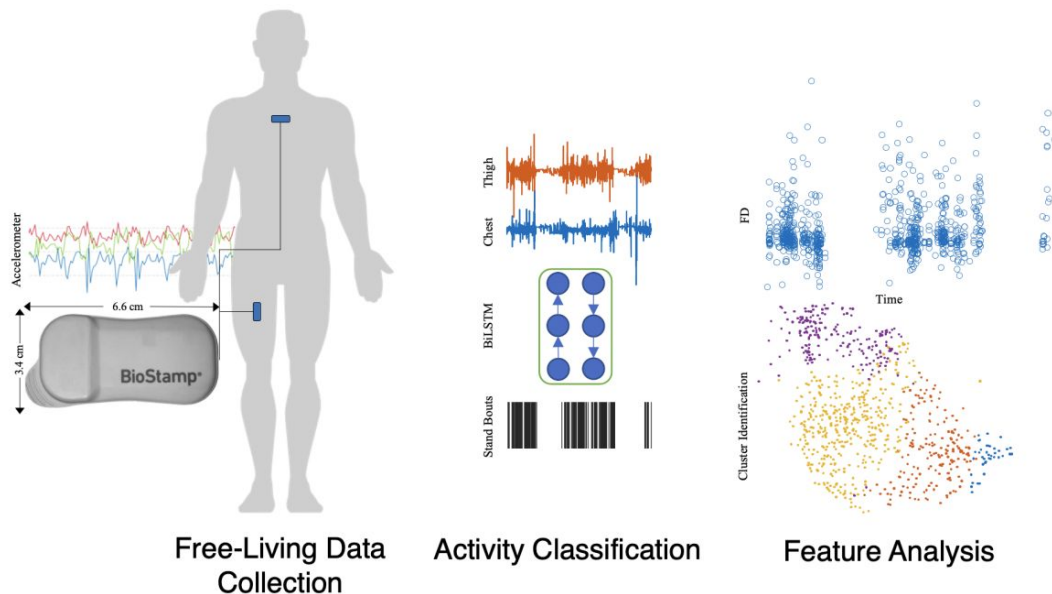


Fig. 1. Data processing overview. Free-living data collected from thigh and chest accelerometer and then classified using a deep learning classifier. Features of postural sway were computed for each standing bout as feature values vary throughout the day and clustering techniques were used to find similar data. BiLSTM: Bidirectional Long-Short-Term Memory network; FD: Frequency Dispersion.

N = 33 PwMS

16:17 Faller:Non-Faller

10:23 Male:Female

50 ± 12 y/o

48hr passive sensor wear

Clinical assessment: EDSS

PRO: ABC, MSWS-12, MFIS

Unique subsets
of data exist in
free-living sway

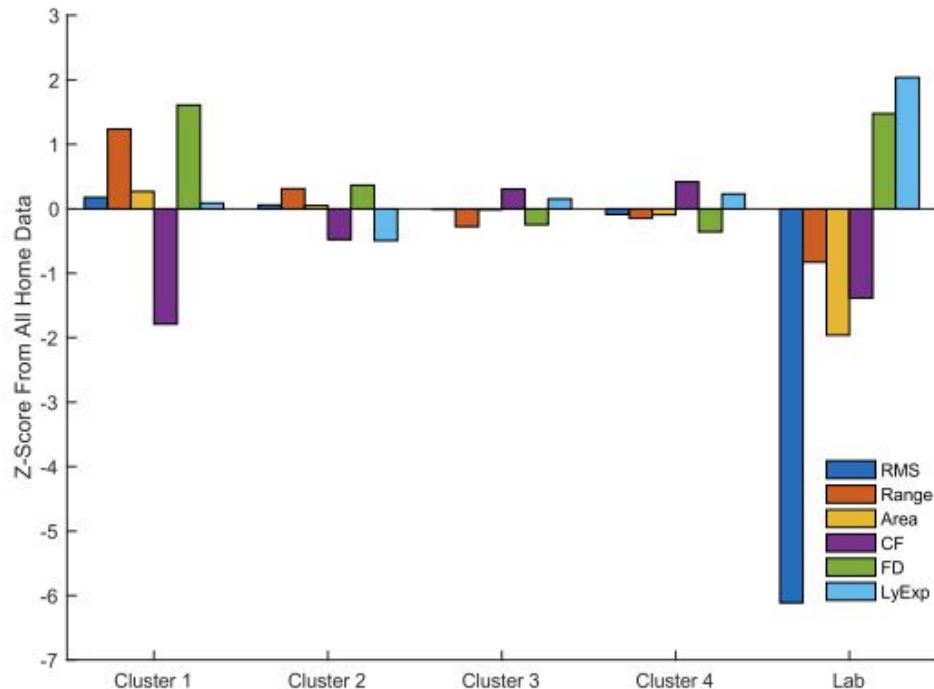


Fig. 4. Z-score differences for each feature between that derived from all remote data and that derived from clustered remote data or lab data.

Clusters demonstrate radically different relationships

Cluster 1

Aggregated Fall Classification Performance:

- 0.57 AUC, 60% accuracy, 0.63 F1

Strongest Correlation to ABC: -0.57 to CF

Strongest Correlation to EDSS: -0.38 to RMS

Cluster 2

Aggregated Fall Classification Performance:

- 0.71 AUC, 73% accuracy, 0.71 F1

Strongest Correlation to ABC: 0.64 to FD

Strongest Correlation to EDSS: -0.55 to FD

Cluster 3

Aggregated Fall Classification Performance:

- 0.53 AUC, 53% accuracy, 0.42 F1

Strongest Correlation to ABC: 0.42 to RMS

Strongest Correlation to EDSS: -0.61 to RMS

Cluster 4

Aggregated Fall Classification Performance:

- 0.16 AUC, 37% accuracy, 0.49 F1

Strongest Correlation to ABC: 0.22 to ABC

Strongest Correlation to EDSS: 0.17 (Area/CF)

COMMON MENTAL HEALTH DISORDERS



Digital Measures Development



Developing high-resolution, sensor-generated core digital measures that provide objective, scalable endpoints for common mental health disorders

**Join us in transforming mental
health research and care**



THANK YOU

Melissa Ceruolo | Melissa.Ceruolo@3ds.com

Brett Meyer | Brett.Meyer@3ds.com

Reed Gurchiek | rgurchi@clemson.edu

Ryan McGinnis | rmcginni@wakehealth.edu

Ben Vandendriessche | ben@dimesociety.org



www.dimesociety.org



www.linkedin.com/company/dime-society



bit.ly/DiMe-Slack